



# SUNG EUCHARIST For the Third Sunday in Lent Sunday 7th March 2021 at 11.00am

Celebrant **Fr Stephen Anderson** 

# Join Zoom Meeting <a href="https://us02web.zoom.us/j/84963817328?pwd=Z1gzYkZpaGxZVUJ0Z24zekx4bEtyQT09">https://us02web.zoom.us/j/84963817328?pwd=Z1gzYkZpaGxZVUJ0Z24zekx4bEtyQT09</a>

Meeting ID: 849 6381 7328 Passcode: BCP1928

Respondent: Elisabeth Marksteiner

The Cantors are Marion Cobby, Miranda Zwalf and Graham Day

## Zoom Etiquette:

- 1) The ZOOM room will be open from 10.45am. Please join in good time, **unmuted**, and await admittance from the 'Waiting Room'. Ensure that you activate '**start video**'.
- 2) Once we begin, please **mute** your link to avoid background noise being transmitted to all, except for those passages where you are invited to unmute, and at the end of the service, so we can enjoy some social time together.
- 3) Congregational participation: please unmute for those parts of the services marked 'All' in red. When speaking, please speak softy and try to be fractionally ahead of Father Stephen.

#### WELCOME - Fr Stephen

#### THE INTROIT PROPER

INE eyes are ever looking unto the Lord, for he shall pluck my feet out of the net, For he shall pluck my feet out of the net: look thou upon me, and have mercy upon me, for I am desolate, and in misery. *Ps.* Unto thee, O Lord, do I lift up my soul: my God, in thee have I trusted, let me not be confounded. Glory be to the Father, and to the Son and to the Holy Ghost: as it was in the beginning, is now and ever shall be: world without end. Amen. Mine eyes . . .

#### THE LORD'S PRAYER

Our Father, which art in heaven, hallowed be thy name; thy kingdom come; thy will be done; in earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil.

¶ Respondent:

Amen.

#### THE COLLECT FOR PURITY

A LMIGHTY God, unto whom all hearts be open, all desires known, and from whom no secrets are hid; Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.

¶ Respondent:

Amen.

#### THE SUMMARY OF THE LAW

Our Lord Jesus Christ said: Hear, O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first commandment. And the second is like, namely this: Thou shalt love thy neighbour as thyself. There is none other commandment greater than these. On these two commandments hang all the Law and the Prophets.

**THE KYRIES** (from the setting Missa de Angelis, recorded by members of the choir) Kyrie Eleison, Christe Eleison, Kyrie Eleison.

Lord, have mercy upon us, Christ have mercy upon us, Lord have mercy upon us.

Let us pray.

#### THE COLLECT FOR THE SOVEREIGN

AUTIGHTY God, whose kingdom is everlasting, and power infinite: Have mercy upon the whole Church; and so rule the heart of thy chosen servant ELIZABETH, our Queen and Governor, that she (knowing whose minister she is) may above all things seek thy honour and glory: and that we, and all her subjects (duly considering whose authority she hath) may faithfully serve, honour, and humbly obey her, in thee, and for thee, according to thy blessed Word and ordinance; through Jesus Christ our Lord, who with thee and the Holy Ghost liveth and reigneth, ever one God, world without end.

¶ Respondent:

Amen.

#### THE COLLECT OF THE DAY

E beseech thee, Almighty God, look upon the hearty desires of thy humble servants, and stretch forth the right hand of thy Majesty, to be our defence against all our enemies; through Jesus Christ our Lord. Amen.

# ¶ Respondent:

Amen.

LMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. Amen.

### ¶ Respondent: Amen.

**THE EPISTLE** (read by Jayne Ringrose)

The Epistle is written in the fifth chapter of the letter of St Paul to the Ephesians, beginning at the first verse.

E therefore followers of God, as dear children; and walk in love, as Christ also hath Bloved us, and hath given himself for us, an offering and a sacrifice to God for a sweetsmelling savour. But fornication, and all uncleanness, or covetousness, let it not be once named amongst you, as becometh saints; neither filthiness, nor foolish-talking, nor jesting, which are not convenient; but rather giving of thanks: for this ye know, that no whoremonger, nor unclean person, nor covetous man, who is an idolater, hath any inheritance in the kingdom of Christ, and of God. Let no man deceive you with vain words: for because of these things cometh the wrath of God upon the children of disobedience. Be not ye therefore partakers with them: for ye were sometimes darkness, but now are ye light in the Lord: walk as children of light; (for the fruit of the Spirit is in all goodness, and righteousness, and truth;) proving what is acceptable unto the Lord. And have no fellowship with the unfruitful works of darkness, but rather reprove them: for it is a shame even to speak of those things which are done of them in secret. But all things that are reproved are made manifest by the light: for whatsoever doth make manifest is light. Wherefore he saith, Awake, thou that sleepest, and arise from the dead, and Christ shall give thee light.

*Here endeth the Epistle.* 

#### THE GRADUAL

P, Lord, and let not man have the upper hand: let the heathen be judged in thy sight. V. While mine enemies are driven back: they shall fall and perish at they presence.

#### THE TRACT

Unto thee lift I up mine eyes: O thou that dwellest in the heavens. V. Behold, even as the eyes of servants: look unto the hand of their masters. V. And as the eyes of a maiden: unto the hand of her mistress. V. Even so our eyes wait upon the Lord our God: until he have mercy upon us. V. Have mercy upon us. O Lord: have mercy upon us.

#### THE GOSPEL

The Holy Gospel is written in the eleventh chapter of the Gospel according to St Luke, beginning at the fourteenth verse.

¶ Respondent:
Glory be to thee, O Lord.

JESUS was casting out a devil, and it was dumb. And it came to pass, when the devil was gone out, the dumb spake; and the people wondered. But some of them said, He casteth out devils through Beelzebub, the chief of the devils. And others, tempting him, sought of him a sign from heaven. But he, knowing their thoughts, said unto them, Every kingdom divided against itself is brought to desolation; and a house divided against a house falleth. If Satan also be divided against himself, how shall his kingdom stand? because ye say, that I cast out devils through Beelzebub. And if I by Beelzebub cast out devils, by whom do your sons cast them out? therefore shall they be your judges. But if I with the finger of God cast out devils, no doubt the kingdom of God is come upon you. When a strong man armed keepeth his palace, his goods are in peace; but when a stronger than he shall come upon him, and overcome him, he taketh from him all his armour wherein he trusted, and divideth his spoils. He that is not with me is against me: and he that gathereth not with me scattereth. When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest; and finding none, he saith, I will return unto my house whence I came out. And when he cometh, he findeth it swept and garnished. Then goeth he and taketh to him seven other spirits more wicked than himself, and they enter in, and dwell there; and the last state of that man is worse than the first. And it came to pass, as he spake these things, a certain woman of the company lift up her voice, and said unto him, Blessed is the womb that bare thee, and the paps which thou hast sucked. But he said, Yea rather, blessed are they that hear the word of God, and keep it.

¶ Respondent:
Praise be to thee, O Christ.

#### THE NICENE CREED

(sung by the choir to the Merbecke setting – The Book of Common Prayer Noted)
<a href="https://youtu.be/dvoQ9hoWZiQ">https://youtu.be/dvoQ9hoWZiQ</a>

BELIEVE in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible: And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God, Begotten, not made, Being of one substance with the Father, By whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end. And I believe in the Holy Ghost, The Lord and giver of life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe one Catholick and Apostolick Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the life of the world to come. Amen.

# THE SERMON - Will Lyon Tupman

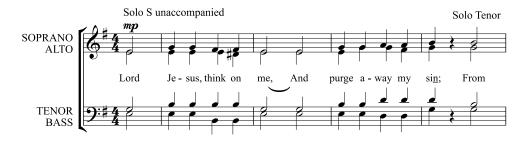
Ordinand, Westcott House, Cambridge

#### THE OFFERTORY PROPER

THE statutes of the Lord are right, and rejoice the heart: Sweeter also than honey and the honeycomb; moreover by them is thy servant taught.

# Offertory Hymn NEH 70 Lord Jesus think on me

(recorded for this service by members of the choir)\*
<a href="https://www.youtube.com/watch?v=RO7ME8rJuyo">https://www.youtube.com/watch?v=RO7ME8rJuyo</a>





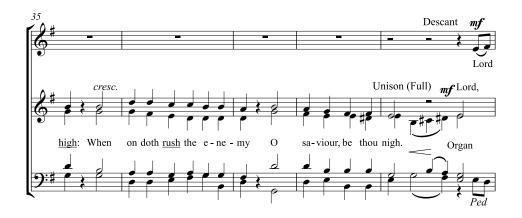


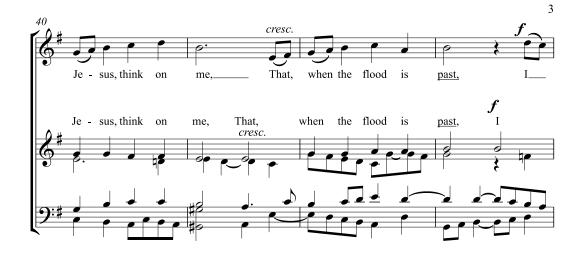


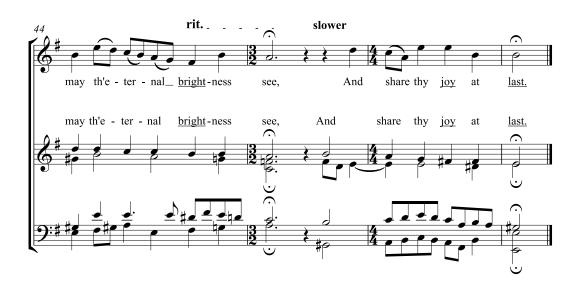












#### THE INTENTIONS

. . . And so let us pray for the whole state of Christ's Church militant here on earth:

#### THE PRAYER FOR THE CHURCH MILITANT

Aud supplications, and to give thanks for all men; We humbly beseech thee most mercifully to accept our oblations, and to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord: And grant that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

We beseech thee also to save and defend all Christian kings, princes and governors; and specially thy servant Elizabeth our Queen; that under her we may be godly and quietly governed: and grant unto her whole council, and to all that are put in authority under her, that they may truly and indifferently minister justice, to the punishment of wickedness and vice, and to the maintenance of thy true religion, and virtue.

Give grace, O heavenly Father, to all Bishops and Curates, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy People give thy heavenly grace; and especially to this congregation here present; that, with meek heart and due reverence, they may hear, and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succour all them who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. And we also bless thy holy Name for all thy servants departed this life in thy faith and fear; beseeching thee to give us grace so to follow their good examples, that with them we may be partakers of thy heavenly kingdom. Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate.

# ¶ Respondent:

Amen.

#### THE INVITATION TO CONFESSION

YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

#### ¶ Please unmute

#### THE CONFESSION

ALMIGHTY God,

 $\P$  All:

Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

#### ¶ Please mute

#### THE ABSOLUTION

ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; + pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to life eternal; through Jesus Christ our Lord.

# ¶ Respondent:

Amen.

#### THE COMFORTABLE WORDS

HEAR what comfortable words our Saviour Christ saith unto all that truly turn to him. Come unto me all that travail and are heavy laden, and I will refresh you. So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. Hear also what Saint Paul saith. This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners. Hear

also what Saint John saith. If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.

#### THE SURSUM CORDA

THE Lord be with you.

#### ¶ Respondent:

And with thy spirit.

Lift up your hearts.

We lift them up unto the Lord.

Let us give thanks unto our Lord God.

It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and singing:

https://youtu.be/vMGTVek8otI

(sung by the Choir to the setting in the Phrygian Mode by Wood)

HOLY, holy, holy, Lord God of hosts, heaven and earth are full of thy glory: Glory be to thee, O Lord most High. Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

¶ Please unmute

#### THE PRAYER OF HUMBLE ACCESS

WE do not presume

 $\P$  All:

to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

¶ Please mute

#### THE PRAYER OF CONSECRATION

A LMIGHTY God, our heavenly Father, who of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again: Hear us, O merciful Father, we most humbly beseech thee; and grant that by the power of the Holy Spirit, we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed + Body and Blood: Who, in the same night that he was betrayed, took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying: *Take, eat, this is my Body, which is given for you; Do this in remembrance of me.* Likewise, after supper, he took the Cup; and, when he had given thanks, he gave it to them, saying: *Drink ye all of this;* 

for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins; Do this, as oft as ye shall drink it, in remembrance of me.

¶ Respondent:

Amen.

#### THE AGNUS DEI

https://www.youtube.com/watch?v=9tcWmUs3G g&feature=youtu.be

CAMB of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God that takest away the sins of the world, grant us thy peace.

# THE COMMUNION PROPER

WHE sparrow hath found her an house, and the swallow nest where she may lay her young: even thy altars, O Lord of hosts, my King and my God. Blesses are they that dwell in thy house: they will be always praising thee.

#### THE ACT OF SPIRITUAL COMMUNION

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer below offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist. The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves. We make our Spiritual Communion saying these prayers.

OME Lord Jesus, dwell in us and send your Holy Spirit that we may be filled with your presence.

¶ Respondent:

Amen.

MOST loving God, we heartedly thank thee that in the holy mystery of this sacrament thou dost refresh and strengthen us with the Body and Blood of thy dear Son, our Saviour Jesus Christ. Although we cannot now receive Him in His outward forms of bread and wine, we desire to receive Him spiritually into our hearts and be united with Him and the whole company of heaven, who livest and reigneth one God, world without end.

¶ Respondent: Amen.

POR the beauty of this worship, for the presence of Christ, for the memorial of his passion, for communion with thy saints, for this heavenly food, for Christ in us the hope of glory, we praise and bless thy holy name; beseeching thee that we may so reverently treasure and so diligently use the grace of each communion, that we may grow in the knowledge and love of thee, and of thy Son, Jesus Christ our Lord.

¶ Respondent:

Amen.

#### THE COMMUNION ANTHEM

#### Maurice Duruflé Ubi caritas

https://www.youtube.com/watch?v=2-LQve92U1o

Ubi caritas et amor, Deus ibi est. Congregavit nos in unum Christi amor. Exsultemus et in ipso jucundemur. Timeamus et amemus Deum vivum, et ex corde diligamus nos sincero. Ubi caritas et amor, Deus ibi est. Amen

Where charity and love are, God is there. The love of Christ has united us. Let us rejoice and be glad in him. Let us fear and love the living God and adore him from a sincere heart. Where charity and love are, God is there. Amen.

¶ Please unmute

#### THE LORD'S PRAYER

OUR Father,

All:

which art in heaven, hallowed be thy name; thy kingdom come; thy will be done; in earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

¶ Please mute

#### THE PRAYER OF OBLATION

ORD and heavenly Father, we thy humble servants entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this Holy Communion, may be fulfilled with thy grace and heavenly benediction. And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences, through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end.

¶ Respondent: Amen.

#### THE BLESSING

THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, + the Father, the Son, and the Holy Ghost, be amongst you and remain with you always.

¶ Respondent: Amen.

Recessional Hymn NEH 374 How sweet the name of Jesus sounds <a href="https://www.youtube.com/watch?v=0WnWtrFMdzc">https://www.youtube.com/watch?v=0WnWtrFMdzc</a> (sung by a virtual choir from St Peter's, Hammersmith)



- 1 How sweet the name of Jesus sounds
  In a believer's ear!
  It soothes his sorrows, heals his wounds,
  And drives away his fear.
- 2 It makes the wounded spirit whole, And calms the troubled breast; 'Tis manna to the hungry soul, And to the weary rest.
- 3 Dear name! the rock on which I build, My shield and hiding-place, My never-failing treasury filled With boundless stores of grace.

- 4 Jesus! my Shepherd, Brother, Friend, My Prophet, Priest, and King, My Lord, my Life, my Way, my End, Accept the praise I bring.
- 5 Weak is the effort of my heart, and cold my warmest thought; but when I see thee as thou art, I'll praise thee as I ought.
- 6 Till then I would thy love proclaim With every fleeting breath;
  And may the music of thy name Refresh my soul in death.
- ¶ Please unmute if you would like to join a post-service conversation

\*Lord Jesus, think on me represents the first (and we hope the last!) attempt to record a 'virtual choir'. This process involves all the singers receiving a 'master' tape, to which they record their own voice part. These are then stitched together to create full harmony, and finally our version of this beautiful hymn, arranged specially for this purpose. Whatever the rough edges, it indicates that the choir is alive and well, and hopefully will be on parade in real life before too long! TB

#### Music for private reflection

Maurice Duruflé Four motets on Gregorian themes op. 10 https://www.youtube.com/watch?v=-oDTcphAPrc